

Friends of Tecolote Canyon



Kumeyaay History in Tecolote Canyon

By Tina Rysedorph

Haawka! As you make your way around Clairemont, you are walking in the footsteps of the first people of San Diego. Those footsteps can lead you all over San Diego and Baja California, but here is a little background information regarding Tecolote Canyon in particular. The Kumeyaay who lived in Tecolote Canyon hundreds of years ago utilized the canyon's natural resources for most of their needs. Kumeyaay is a name that describes the Kumeyaay Nation. Within the Kumeyaay Nation there are many different bands. The Kumeyaay and their cultural traditions live on in many areas of San Diego today. It is a misconception to think that the Kumeyaay are only a part of history, although they undoubtedly are, for they are also a vibrant part of the present.

If you spend time in local wild spaces (and hopefully you do!) such as Tecolote Canyon Natural Park, Marian Bear Park and Rose Canyon, you are in the middle of the Kumeyaay world. You could call our remaining wild spaces the Kumeyaay supermarket, and when working with schoolchildren in the canyon we often do! The Kumeyaay utilized animals and most plants



*Kumeyaay Elder Jane Dumas and Eloise Battle
at Tecolote Nature Center*

that grew around San Diego in some way. Some of the native plants that were utilized (and sometimes still are) by the Kumeyaay for basket making, cooking, building structures and medicinal and ceremonial purposes, such as oak and willow trees, white and black sage, sagebrush, yucca and many more, can be found in our local canyons. We can learn from the Kumeyaay way of utilizing what the land provides and having a deep respect and appreciation for nature.

Not long after the Tecolote Nature Center opened, Kumeyaay Elder Jane Dumas approached Eloise Battle, one of the citizens of Clairemont who fought to save

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Friends of Tecolote Canyon is a non-profit community organization committed to sponsoring nature education and restoration activities in Tecolote Canyon Natural Park. Our education program, supported by SDGE's "Environmental Champions Initiative", is dedicated to bringing children into Tecolote Canyon and fostering connection through enjoyable, memorable, and meaningful experiences in our unique and precious local habitat.

***Baskets and Botany, celebrates the Kumeyaay culture and the traditions of the Southern California Native Americans.
Saturday, October 8 from 10-4:00!***



this open space, and Senior Ranger Tracey Walker, with a generous proposal. She offered a partnership between Tecolote Canyon Natural Park and the Kumeyaay, and a relationship was created that has graced Tecolote with an incredible sharing of experience and knowledge. That connection continues to this day in the many educational and environmental programs and activities provided by Tecolote staff and volunteers. Sadly, Elder Jane Dumas passed away in May of 2015. In appreciation of Jane Dumas and all her efforts on behalf of Tecolote Canyon and San Diego, our annual Baskets & Botany cultural event was held in her honor.

. This tiny article barely begins to scratch the surface of what we can learn from and about the Kumeyaay and those who have studied with and about them. There are many sources of information about the Kumeyaay if you would like to learn more. Baskets & Botany will be on Saturday, October 8th this year, and it is a wonderful way to learn more about the Kumeyaay, and to experience some of the Kumeyaay way of life.

Today the nature center staff, our education program, and many Tecolote volunteers work hard to educate the public regarding the history and culture of the Kumeyaay people. We hope you come visit Tecolote soon!

Enter our Friends of Tecolote opportunity drawing!

Getaway for 2 at Hilton San Diego Resort and Spa

Includes: A Two night stay at the Mission Bay Hilton's Garden Villa, parking, resort charge & Dinner for Two at a local restaurant!



Your donations support Tecolote Canyon children's nature education programs!

Suggested donation:

1 entry- \$25 or 5 entries- \$100

You can donate NOW on the Friends of Tecolote Canyon Facebook page.

On-line deadline is October 5, 2016.

Your name will be entered into drawing held on October 8th at Baskets and Botany, our 17th annual Native American event at Tecolote Nature Center 5180 Tecolote Rd. San Diego
Winner need not be present to win.

Winner notified by mail.

At the Baskets and Botany event, we will also be hosting a silent auction with a variety of prizes, including a Chargers Ticket Basket!

Baskets & Botany

Kumeyaay Culture and Nature...right in your backyard!

Saturday, October 8, 2016

10:00 a.m. to 4:00 p.m.

This 17TH annual FREE FAMILY EVENT

celebrates the Traditions of Southern California Native Americans as well as Bay Park's best kept secret, Tecolote Canyon and Nature Center

Tecolote Nature Center

5180 Tecolote Road, San Diego, CA 92110

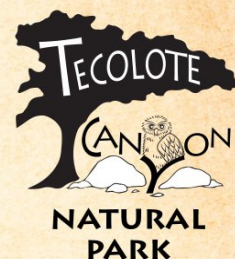
For information, call (858) 581-9944

Many Thanks to Our Generous Contributors:

City of San Diego Park & Recreation Department, Friends of Tecolote Canyon, Anonymous Community Members, Tecolote Canyon Citizens' Advisory Committee, USD, BARONA, JAMUL INDIAN VILLAGE, SYCUAN



SYCUAN



* Enjoy the Soaring Eagles Native American Dancers, Storytelling, Sand Painting, Live Birds of Prey, Ms. Smarty-Plants™, Children's Craft Area, and more!

* Don't miss the authentic Indian Fry Bread and Hand-woven Baskets available For Sale all day!



- Schedule of Events -

Schedule is tentative and subject to change

9:00 a.m. Ethnobotany Walk with Cynthia Dillon (M.A. Anthropology)

Discover which plants are used in Kumeyaay culture for food, medicine, and daily life

10:00 a.m. Opening Ceremony

A few words from the Friends of Tecolote Canyon. Unveiling of the Jane Dumas plaque and memorial planting

10:15 a.m. Ms. Smarty-Plants™

Become an "Earth Hero" with Ms. Smarty-Plants™ as she takes you on a magical journey to learn about saving the Earth!

10:00 a.m. - 12:00 p.m. Project Wildlife Info Booth

Meet a live critter and learn about our local wildlife

11:00 am Kids Walk - Tecolote Canyon Interpretive Group

Use your senses and your imagination to learn about Kumeyaay culture (large scout groups please call ahead) Meet at the ewaa in the Kumeyaay garden.

12:00 p.m. Soaring Eagles

Inter-Tribal Native American Youth and Adult Dancers

1:00 - 3:00 p.m. Sky Hunters Raptor Education

Learn about our local owls and hawks - see them live and up close

2:00 p.m. Luiseño Storyteller

Hear about Luiseño culture from Cathleen Chilcote Wallace, author of The Gift Basket

All Day Free Activities Include:

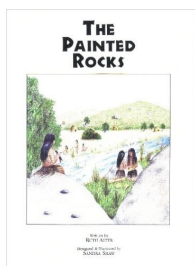
Make a variety of Native American crafts in the Children's Craft Area * Kite making with the Barona Cultural Museum * Learn about native plants from the California Native Plant Society * Enjoy traditional Kumeyaay games, basket weaving and tool making demonstrations with Stan and Martha Rodriguez * Help rethatch our willow hut (Ewaa) * Create a sand painting * Watershed and pollution prevention with Think Blue * Stories and displays with our Luiseño friend, Cathleen Chilcote Wallace * Learn about Coyotes from the Department of Fish and Wildlife Services * Meet a snake * Take a hike

Great prize giveaways to help Friends of Tecolote Canyon raise funds for their nature education programs!



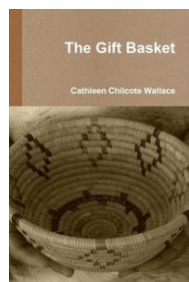
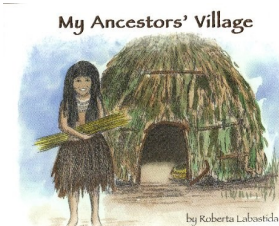
Kumeyaay Culture and History ~ Recommended Reading List

For CHILDREN



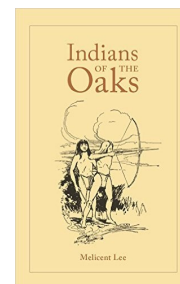
The Painted Rocks, Ruth Alter, 1995 San Dieguito River Valley Regional Open Space Park Joint Powers Authority. This book relates the fictional story of a young girl meeting a Kumeyaay man in current time who teaches her about his culture. Other interesting information includes Kumeyaay words, tools, hunting, basketry and rock art along with some hands on activities.

My Ancestor's Village, Roberta Labastida, 2004 San Diego: Sunbelt Publications. Pencil sketches on every page make the story of Dove, a young Indian girl who lived in San Diego County long ago, come alive.

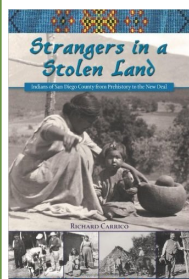


The Gift Basket; Cathleen Chilcote Wallace, 2015; Literacy/Comprehension Connection. A young Native American girl who is taught basket weaving by her grandmother collects native plants and learns about responsibility.

Indians of the Oaks; Melicent Lee, 1989; San Diego: Museum of Man. This children's chapter book teaches about the Kumeyaay history and culture through fictional stories that take place around

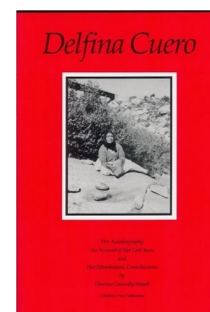


For ADULTS and TEENS



Strangers in a Stolen Land; Richard Carrico, 2008; Sunbelt Publications. The prehistory of the Native Peoples of San Diego County to the Spanish colonization, Mexican Period, California's statehood and the subsequent US treaties and broken promises through the 1940's.

Delfino Cuero: Her Autobiography; Florence Shippek.1991; Menlo Park, CA, Ballena Press. This book is the account of one Native American woman's experiences and her ethnobotanic contributions.



Excellent Resource:

Barona Museum and Cultural Center and Museum, 1095 Barona Road Lakeside, CA 92040
Open hours Tuesday-Friday: 12 pm -5pm, Saturday: 10am- 4 pm, closed Sundays and Mondays.
Free museum tour. Educational and outreach programs. 619-443-7003, X 219. www.baronamuseum.com

FREE Workshop!

Compost & Vermicompost Basics

EASY
to start and
maintain!

Find the
style that suits
YOU best!

Saturday, October 22, 2016
10:00 AM - 12:00 PM

* Optional nature hike led by
the Audubon Society at 8 AM

Tecolote Nature Center
5180 Tecolote Rd
San Diego, CA 92110

REGISTER TODAY!
www.solanacenter.org

QUESTIONS:
compost@solanacenter.org



DIVERT WASTE
IMPROVE SOILS
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SUPPORT LOCAL
SUSTAINABILITY



Above ~ The Thompson Family are regular hikers and visitors to the nature center and canyon.

Tecolote canyon and nature center are great places to spend family time!



Right ~ Regular visitors to the nature center, The Klinefelter family are saying hi to Rosy one of our ambassadors.

Willows in Tecolote Canyon

By Trent Robertson

The indigenous cultures of California had to rely on the local flora and fauna to meet their needs for food, shelter, clothing, tools and medicine. Fortunately, for them, California has a great variety of natural environments. Near the coast of Southern California there are three predominant habitat types. These include Coastal Sage Scrub, Chaparral and Riparian habitats.

Most of the tree species in our area are found in the riparian habitat. Riparian refers to the vegetation that grows along streams and rivers. This is the only local habitat that can provide enough water to support the



**Black
Willow
Leaves**

growth of large trees. This is where you typically find oaks, poplars, sycamores and willows.

Willows are some of the smaller trees found in riparian habitats. They tend to form an understory between the oaks and the sycamores. Willows are grouped together in the plant family Salicaceae and there are 5 different species found along our local streams and rivers. The willows share a number of qualities that made them valuable to California's indigenous cultures.

The branches are very flexible which made them useful as a framework for creating small shelters. The foliage also served as a source of

thatch for those same structures. The leaves of willow trees contain certain chemicals that repel insects. Granary baskets, for the storage of acorns, were woven from willow branches to take advantage of this quality. The leaves also contain salicylic acid which is a natural pain reliever.

The largest species of local willow is the black willow. It differs from the others in that both sides of the leaf are green whereas many others are green above and grey below. The inner bark of the black willow was used by the Kumeyaay to fashion a skirt-like garment worn by women.

Another useful plant found in riparian habitats is a species of *Baccharis* known as Mule fat. It is also called seep willow but it is actually part of the Asteraceae or sunflower family. Mule fat has very willow-like foliage but the leaves display three prominent veins rather than one. Mule fat branches are much more rigid than the true willows and this quality made them more suitable for fashioning arrow shafts and fire drills.



Willow bark skirt

www.kumeyaay.info



Granary

www.jillovertheground.com



Mule Fat

If you'd like to learn more about the native trees and plants that are found in Tecolote Canyon please join us on one of our many interpretive walks. We try to offer one or two walks every month. Please call Marla Gilmore, the Center Director, at 858-581-9959 for more information.

Tecolote Nature Center
5180 Tecolote Road San Diego, CA 92110
858-581-9959
Monday – Closed, Tuesday – Saturday 9:00-4:00, Sunday 9:00-2:00

Saturday, October 8 10:00 AM -4:00 PM

Baskets & Botany

17th annual free family event! Learn about Southern California Native Americans, nature, wildlife and more. Awesome prize opportunities plus free raffle for kids!

Saturday, October 15 & Nov 18

9:00-11:00 AM – Weed Warriors
Canyon clean up with Ranger Janice

Sunday, October 16 & Nov 19

9:00 AM Sunday in the Garden
Volunteer with Park Ranger Steven
Get dirty, have fun, help out your community

Wednesday, October 19

1:30 – 3:00 PM Art & Activities – Free!
Learn about bats & create Halloween themed crafts

Saturday, October 22 & Nov 26

8:00 AM Audubon Society Birding Walk

10:00 AM – 12:00 PM **FREE** workshop!

Compost & Vermicompost Basics

Register today! www.solanacenter.org

Sunday, October 30

9:00 AM Nature Walk – Mount Ashmun Entrance
Mt. Ashmun Dr. is a popular trail entrance in the middle part of Tecolote Canyon between Genesee and Mt. Acadia. It is a very pleasant walk and a good place to see our native wildlife and plants, and canyon birds.

Wednesday, November 16

1:30 – 3:00 PM Art & Activities – Free!

Sunday, November 20th

9:00am Nature Walk on the Battle Trail, Meet at the Nature Center.
Chaparral, Grassland, and Oak habitats are represented on this wonderful trail along the south bank of the canyon.

Activities are posted at www.meetup.com/Friends of Tecolote Canyon Natural Park and Nature Center

Like us on Facebook – Friends of Tecolote Canyon

Tecolote Nature Center ~ 5180 Tecolote Road San Diego, CA 92110

Hours of operation: Tues.-Saturday; 9-4:00, Sunday: 9-2:00, Closed Monday

For information call 858-581-9959



Like us on Facebook – Friends of Tecolote Canyon

Activities are free of charge.

**Donations to the “Friends of Tecolote Canyon
are always appreciated!”**

Volunteer Opportunities ~ Something for Everyone!

***Docents * Interpretive Guides * Art and Crafts * Jr Volunteers (community service) *
Tecolote Canyon Advisory Committee * Native Plant Garden * Weed Warriors *
Park Patrol * Environmental Stewards Canyon Program (ESCAPE)***

☺ **If you are interested, come in and speak with any staff member.** ☺



*Friends of Tecolote Canyon and the ESCAPE team gratefully acknowledge
a generous grant from **SDGE** supporting another year of our Escape program*

*We also greatly appreciate **Scott Chambers and Filmetrics** for their
donation, providing 5 years of wifi to the nature center,
as well as council member **Lorie Zapf** for her continuing support and
encouragement of our education and conservation efforts*

Thank you to all of our Baskets and Botany Sponsors !



Doggies Divine Inc.

